## Instruction For Use Ear Drops

## What are ear drops and how to use them?

Ear drops are liquid forms of medication that are usually used to treat ear infections or to help remove earwax.

## How to use ear drops

- 1. Wash yours hands with water and soap, and dry them with a clean towel.
- 2. Carefully remove the dropper from the bottle.
- 3. Make sure the dropper tip doesn't touch anything, you may ask someone to assist you to prevent this.
- 4. If the ear drop is a suspension, shake the bottle gently before use.
- 5. Lie on your side or back with the ear facing upwards.
- 6. For adults, gently pull the upper ear up and back. For children, gently pull the lower ear down and back. Squeeze the correct number of drops into the ear.
- 7. Keep your head tilted for around 2-5 minutes.
- 8. If your other ear also requires medication, repeat the above steps after 5-10 minutes

Dropper tip

- 9. Wipe away any extra liquid with a tissue or clean cloth.
- 10. Wash your hands.



## Precautions

- 1. Try not to let water get into your ears.
- 2. Do not use water to clean the dropper or tip. Use clean tissue instead.
- 3. If your symptom continues or worsens, or you feel burning or itching after applying and this sensation doesn't go away after 10- 15 minutes, contact your doctor immediately.
- 4. Unless stated, do not store the medication in the refrigerator.
- 5. Do not use the ear drop if it has changed color or expired.
- 6. Put the cap firmly back onto the bottle after use.
- 7. Store the medication in a clean and dry place.
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此單張並不包含所有藥物資訊,如有任何疑問,請洽醫師或藥師

