

# Instructions for Use Rectal Suppositories

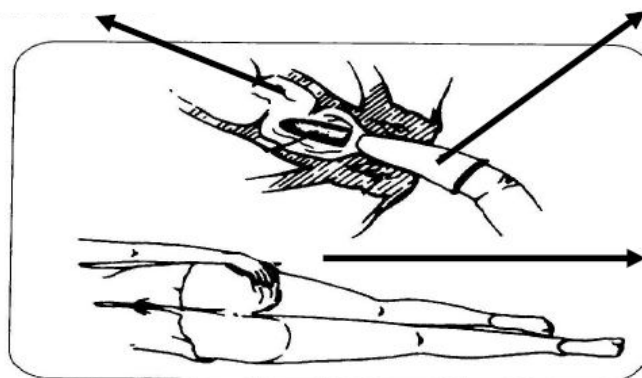
## ■ What are rectal suppositories and what do they do?

Rectal suppositories are solid forms of medication that usually come in forms that are narrow at one end. These suppositories can deliver many different types of drugs into the rectum.

## ■ How to use rectal suppositories

1. Clean your hands with soap and water, and dry them with a clean towel.
2. Remove any wrapping from the suppository. You can moisten the tip of the suppository with lubricating jelly or apply small amount of water to the rectum.
3. Lie down on one side with the top leg slightly bent forwards and bottom leg straight.
4. Relax your buttocks and spread buttocks for easier insertion.
5. Insert the suppository gently but firmly, narrow end first. Push it at least two finger joints inside.
6. Lie with your legs closed for at least 15 minutes, to prevent it from coming out.
7. Throw away all used materials.
8. Wash your hands right away with soap and water.

Remove suppository wrapper



Clean your hands properly or use a finger cot

Lie down on one side with the top leg slightly bent forwards and bottom leg straight. Use a hand to spread the buttocks.

## ■ How do I store my suppositories?

1. Keep suppositories in dry and cool places and avoid placing them in direct sunlight.
2. Check to see if the suppository are hard enough for insert, if not, you can harden the suppository by placing it in the refrigerator for a few minutes or holding it under cold water while it is still in the wrapper.

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- Last updated by the Department of Pharmacy on 2021.03
- PFS-7200-EN9011

此單張並不包含所有藥物資訊，如有任何疑問，請洽醫師或藥師。



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