Instruction For Use Vaginal Cream

What are vaginal creams and what do they do?

Vaginal creams are creams that are usually delivered into the vagina in order to treat an infection or supply hormone to maintain vaginal health after menopause.

How to apply vaginal cream

- 1. Wash hands with mild soap and water, dry them with a clean towel.
- 2. Remove cap from tube, screw the applicator onto the tube.
- 3. When the applicator is firmly connected the tube, gently squeeze the tube to force cream into the barrel to the prescribed dose.
- 4. Unscrew the applicator from the tube.
- 5. Lie down on your back with both knees bent, gently insert the applicator deeply into vagina and push the plunger downwards to its original position.
- 6. Put the cap back onto the tube.
- 7. Pull the plunger to remove it from the applicator and wash it with warm water and mild soap, do not use hot or boiling water.

Precautions

- 1. Unless under doctor's order, do not use if pregnant or lactating.
- 2. Visit your doctor immediately if your conditions worsen or you feel itching, heat or pain after applying.
- 3. Normally used before sleep or when your doctor orders.
- 4. Keep suppositories in dry and cool places and avoid placing them in direct sunlight and store out of reach of children.



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此單張並不包含所有藥物資訊,如有任何疑問,請洽醫師或藥師

以病家為尊、以同仁為重、以北醫為榮