Instructions For Use Eye Drops

■ What are eye drops and how to use them?

Eye drops are liquid forms of medication that are used to deliver many different types of drugs into the eyes.

■ How to use eye drops

- 1. Wash yours hands and dry them with a clean towel.
- 2. If you're wearing eye contacts, remove them before use unless told otherwise.
- 3. Tilt head back and pull your lower eyelid downwards to form a pocket.
- 4. For eye drops, hold the dropper tip directly over the eyelid pocket and squeeze the bottle gently to let the eye drop fall into the pocket.
- 5. Gently close your eyes and try not to blink your eyes.
- 6. Apply gentle pressure around your tear ducts, the area where the eyelids meets the nose.
- 7. Wash your hands.

■ Precautions

- 1. Do not wash the bottle or bottle tip with water.
- 2. Do not use if the medication has changed color.
- 3. Do not make contact between the bottle tip and your eyelid or eyes to prevent contaminations.
- 4. Shake gently before use when using suspensions.
- 5. When using more than one eye products at the same time, wait at least <u>5-10</u> minutes before applying each type for better therapeutic effect.
- 6. When applying both eye ointment and eye drop, use the eye drop first before applying the eye ointment, wait 5-10 minutes in between.
- 7. Store your eye medication in dry and cool places, avoid direct sunlight and out of the reach of children.
- 8. Some eye drops can affect ability to see, wait until you can see properly before driving or using machines that require care.
- 9. If your condition worsens after medication or you feel heat and pain after application, contact your doctor immediately.
- 10. Unless told by the doctor or pharmacist, you do not need to store eye drop in the refrigerator.
- 11. Throw away unfinished eye drop a month after opening.
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