

# Instructions for Use

## Nasal Spray

### ■ Which nasal spray(s) is/are prescribed for me?

- Nasonex®: mometasone 50 mcg
- Azetin®: azelastine 140 mcg
- Pulmicort®: budesonide 64 mcg
- Nasacort AQ®: triamcinolone 55 mcg
- Butaro®: butorphanol 1 mg

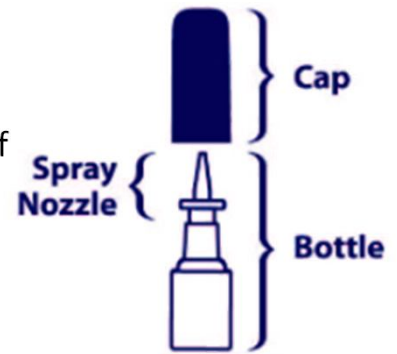
### ■ What are these nasal sprays used for?

Nasonex®, Pulmicort®, and Nasacort AQ® are steroid nasal sprays that are used to treat the symptoms of upper respiratory tract, such as rhinitis. Azetin® contains an antihistamine that can be used to treat allergy symptoms including runny nose, sneezing, and itchy nose. Butaro® is used to treat intractable pain.

### ■ How to use a nasal spray?

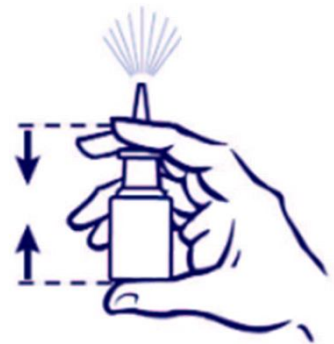
#### 1. PRIME FOR FIRST USE

- ① Shake the bottle gently then remove the cap.
- ② Put your forefinger and middle finger either side of the spray nozzle and your thumb underneath the bottle.
- ③ Point the nozzle away from you and then press down 3 to 5 times until a fine mist is produced.



#### 2. DAILY USE

- ① Blow your nose gently to make sure your nostrils are as clear as possible.
- ② Press against the outside of one nostril with your finger to close off that nostril.
- ③ Insert spray nozzle into the other nostril, and aim the nozzle toward away from the center of your nose.
- ④ Press the spray to release the dose. Do not sniff hard.
- ⑤ Remove the nasal spray from your nostril and breathe out through your mouth.
- ⑥ Repeat the above steps on the other nostril.
- ⑦ If you have been told to have a second dose, wait about 30 seconds then repeat steps ② to ⑤.
- ⑧ Wipe the nozzle tip with tissue when you are finished, and put the cap back on.



This sheet is for your information; please follow your doctor's directions



## ■ Precaution

1. Store your nasal spray at room temperature below 30° C (86° F ).
2. Use the missed dose as soon as you remember it. However, if it is almost time for the next dose, skip the missed dose and continue your regular dosing schedule. Do not use a double dose to make up for a missed one.
3. Keep your nasal spray out of sight and reach of children.

## ■ Possible side effects

1. Nasal dryness/irritation, nausea, or vomiting may occur. If any of these effects persist or worsen, tell your doctor or pharmacist promptly.
2. Tell your doctor right away if you have any serious side effects, including: signs of nasal damage (such as pain, severe nosebleeds), white patches in your nose/back of your throat, pain when swallowing, persistent sore throat.
3. A very serious allergic reaction to this drug is rare. However, get medical help right away if you notice any symptoms of a serious allergic reaction, including: rash, itching and/or swelling (especially of the face, tongue, throat), severe dizziness, trouble breathing.

References:  
Package insert

- Contact number : (02) 2737-2181 EXT. 8130
- Last updated by the Department of Pharmacy on 2021.01
- PFS-7200-EN9016

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