# Medication Use Instruction Sheet 可滅喘®都保乾粉吸入器 Pulmicort®Turbuhaler

#### ■ Name of medication content

Budensonide

#### ■ Mechanism of action

This is an anti-inflammatory medication, it can reduce airway inflammation.

### ■ Instructions for use

1. Twist and remove cover.



2. Hold the inhaler upright with one hand, twist the base grip towards <u>right</u> first then towards <u>left</u> with another hand, hear a click sound, and a dose is filled.



3. Breathe out first then breathe in.



4. <u>Hold</u> the mouth piece between your lips, breathe in rapidly and deeply.



- 5. After breathing in deeply till the end, hold your breath for 5-10 seconds, then slowly breathe out.
- 6. Replace the cover and twist to tighten.





Hold breath

This sheet does not content complete drug information, if there is any enquiry, please contact your doctor or pharmacist.

#### ■ Precautions

- 1. Please gargle your mouth after each use, because mouth gargling can effectively reduce the occurrence of lowered horsy voice and oral thrush side effects.
- 2. If a second dose is to be inhaled, please inhale the second dose at an interval of 1-2 minutes after completion of the first inhalation.
- 3. Due to the minimum amount of powder to be taken, you just need to follow the instructions mentioned previously; this should ensure the medication had been inhaled in.

## ■ How to know the remaining amount of medication?

When the first red check appear on the counter window it means that there are 20 doses in remaining, if the whole window is red in color, it means the medication is finished.



## ■ How to clean?

Separate the tip and the body of the inhaler, wipe with dry cloth or knock lightly on the table to bring down the remaining powder. Remember! Do not wash with water.







#### References:

Drug Instruction Sheet . Micromedex

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