## Medication Use Instruction Sheet Instructions for Use of Gargle

## ■ Instructions for use

- 1. For gum gargling, use 30ml (or adequate amount), gargle for a few minutes then spit out.
- 2. For mouth cavity gargling, tilt up your head for about 30 degree, use 20ml (or adequate amount), gargle for a few minutes then spit out.
- 3. For throat gargling, tilt up your head for about 45 degree, use 15ml (or adequate amount), gargle for a few minutes then spit out.

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