

Medication Use Instruction Sheet

Instructions for Use of Vaginal Pessary

■ Instructions for use

1. Clean both hands thoroughly with soap and water.
2. Open outer packaging of the pessary (cover).
3. If an applicator is used, insert the narrower end of the pessary in to the cup-shape end of the applicator.
4. Lie on your back with your knees drawn up; gently insert the applicator into your vaginal at a depth possible for smooth insertion. Gently push the plunger of the applicator to deliver the pessary into the vaginal, and then remove the applicator from the vaginal.
5. If hand is used, use your finger to deliver the pessary into the vaginal at a depth of 1-2 finger knuckles.
6. If there is difficulty inserting the pessary, you could rapidly place the pessary into warm water to moisture it.
7. Every time after using, clean the applicator separately with soap and water, store the applicator at a clean place.

■ Precautions

1. Avoid sexual intercourse or use condom to prevent re-infection.
2. Unless directed by physician, please do not use in pregnant or breastfeeding women.
3. Can still be used during menstruation.
4. If disease condition worsens or there is itchy, irritating sensation after using the vagina cream, immediately seek for treatment.
5. Usually used before sleep or as ordered by the physician.
6. Vagina pessary should be avoided from moisture, store at cool and shady area cannot be reach by children.
7. If the pessary becomes soft and could not be insert, place the suppository in the freezer for 30 minutes or remove the external packaging and placed it into cold water for it to harden.

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This sheet does not content complete drug information, if there is any enquiry, please contact your doctor or pharmacist.



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