

藥品使用指導單

適倍樂舒沛噴[®]吸入劑 Spiolto Respimat[®]

■ Generic name

Tiotropium/Olodaterol 2.5/2.5 mcg/puff ; 60 puffs/package

■ Mechanism of action

- Reduce airway inflammation; Treat chronic obstructive pulmonary disease, chronic asthma and pulmonary emphysema.

■ Instructions

1. PREPARE FOR FIRST USE

- ① Press the safety catch while firmly pulling off the clear base with your other hand.
- ② Insert the narrow end of the cartridge into the inhaler. Place the inhaler on a firm surface and push down firmly until it clicks into place.
- ③ Put the clear base back into place until it clicks. Do not remove the clear base again.



2. PRIME FOR FIRST USE

- ① Hold the inhaler upright, with the aqua cap closed, to avoid accidental release of dose. Turn the clear base in the direction of the black arrows on the label until it clicks (half a turn). ◦
- ② Flip the aqua cap until it snaps fully open.
- ③ Point your inhaler toward the ground (away from your face). Press the dose-release button, and a mist should come out of the device.
- ④ Repeat steps①②③ if you do not see a mist.
- ⑤ After a mist is seen, you must repeat steps ①②③ three more times to make sure the inhaler is ready to use.

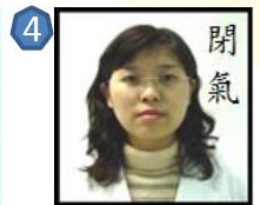


This sheet is for your information; please follow your doctor's directions



3. DAILY USE

- ① Hold your inhaler upright, with the aqua cap closed, so you do not accidentally release a dose of medicine. Turn the clear base in the direction of the black arrows on the label until it clicks (half a turn).
- ② Flip the aqua cap until it snaps fully open.
- ③ Breathe out slowly and fully, and then close your lips around the end of the mouthpiece without covering the air vents. ◦
- ④ While taking in a slow, deep breath through your mouth, press the dose-release button and continue to breathe in slowly for as long as you can.
- ⑤ Hold your breath for 10 seconds or for as long as comfortable. ◦
- ⑥ If the second puff is needed, please repeat steps above again.
- ⑦ Close the cap until next use.



Hold breath

■ Precaution

1. SPIOLTO RESPIMAT is available with 30 or 14 doses of medicine (equal to 60 or 28 puffs). The dose indicator shows approximately how many puffs of medication are left. When the pointer enters the red area of the scale, there is enough medicine for 7 days (30-dose product) or 3 days (14-dose product).
2. Keep your SPIRIVA RESPIMAT cartridge and inhaler out of the reach of children.

■ How to clean ?

Clean the mouthpiece, including the metal part inside the mouthpiece, with a damp cloth or tissue only, at least 1 time a week. Any minor discoloration in the mouthpiece does not affect your SPIOLTO RESPIMAT inhaler. If the outside of your SPIOLTO RESPIMAT inhaler gets dirty, wipe it with a damp cloth.

Reference :

- 1. Micromedex
- 2. Drug information

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