## **Medication Use Instruction Sheet**

# Lidopat®Patch

### ■ Medication Name

Lidopat Patch: Lidocaine

## ■ Appearance

Blue boxes and white transdermal patches.

### ■ Indication and Mechanism

Used for post-shingles nerve pain.

#### **■** Directions

- 1. Apply to large surfaces of healthy skin to prevent the patch from falling off. Avoid applying on wounds or areas of radiation.
- 2. Rinse skin with water before application. Pat dry to ensure the skin is dry before applying the patch.
- 3. Peel plastic off the patch. Apply to skin and press firmly on the patch for 10 seconds to ensure complete contact between the patch and skin. Tape or gauze may also be used to ensure the patch stays onto the skin. It may be obtained from the counseling area.
- 4. When removing the patch, fold the patch inward (with the medication inside) and dispose in the garbage. Do not flush in toilet.
- Apply to a different area of the body each time to avoid adverse reactions. Each site of application should be rotated every few days.
- 6. Patches can be cut to adjust to the size of the skin area.

## ■ Precautions

- Maximum of 3 patches within 24 hours. If the patch is left on the skin for over 12 hours, allergies and other side effect may occur.
- Wash hands after applying the patch to prevent medication from reaching the eyes.

Handout is for reference only. Please refer to your doctor for specific instructions.



### ■ Possible side effects

- Side effects include slight itching, which will resolve slowly.
- If condition continues to progress, or if any of the symptoms below appears, please seek immediate help:
  - Skin rashes or swelling
  - Pain
  - Burning
  - Palpitations
  - Dizziness
  - Temporary visual disturbances or irregular heart rate
- These patches contain analgesics. If there are any renal or hepatic deficiencies, other concurrent analgesics use or sensitivities, please contact your physician or pharmacist.

## ■ Storage

- Refrigeration is not necessary unless instructed.
- Store in room temperature, away from light
- Keep out of reach of children.
- Please discard when the medicine is expired.
- Do not share medication with others.

#### References:

- 1. Micromedex
- 2. Manufacturer's label

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■ PFS-7200-9024

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