

Instructions for Use

Nitrostat® Sublingual Tablet

■ Why is this medication prescribed for me?

Nitrostat® sublingual tablets are used to treat episodes of chest pain (angina) in people who have coronary artery disease (narrowing of the blood vessels that supply blood to the heart).

Nitrostat® is in a class of medications called vasodilators. It works by relaxing blood vessels in the heart as well as the rest of the body, allowing more oxygen-rich blood be delivered to your heart.

■ How should this medicine be used?

Take Nitrostat® exactly as directed, and ask your doctor or pharmacist to explain any part of direction that you do not understand.

1. When you begin to feel the sign of heart attack (such as chest tightness, squeezing in the chest, or chest pain spreading to your jaw or shoulder), **sit down before taking your Nitrostat®**. It may make you feel dizzy because it lowers blood pressure rapidly.
2. If your chest pain or discomfort that does not get better with rest, place one tablet **under your tongue** or between your cheek and gum. It is normal if you feel burning or tingling in your mouth as the tablet dissolves.
3. If your symptoms do not go away completely 5 minutes after the first dose, take a second dose.
4. If your symptoms still not go away completely 5 minutes after the second dose, **take the third dose and call 119** to seek immediate medical help. Do not drive yourself to the hospital.
5. If the symptoms go away completely, rest for a while and continue your normal routine.

■ Are there any side effects associated with NTG?

1. The more common side effects of NTG are flushing (redness of the face and neck), headache, dizziness, lightheadedness, nausea, vomiting, and weakness.
2. In rare cases, some people may develop allergic reactions that could be life-threatening. Contact your healthcare provider about any symptom that bothers you or does not go away.

This sheet is for your information; please follow your doctor's directions



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■ What are some important information I should know about Nitrostat®?

1. Always keep your Nitrostat® with you.
2. Do not chew, crush, or swallow Nitrostat® sublingual tablets.
3. Do not take Nitrostat® with drugs for sexual dysfunction, such as Viagra® (sildenafil), Cialis® (tadalafil), or Levitra® (vardenafil), as this may lead to extreme lowering of blood pressure. If you are taking these medicines and you have chest discomfort, you must go to the hospital right away.
4. Dizziness, lightheadedness, or fainting may occur when using Nitrostat®, especially when you get up quickly from a lying or sitting position. or if you have been drinking alcoholic beverages. To avoid this problem, get up slowly, resting your feet on the floor for a few minutes before standing up.
5. Tell your healthcare providers if you are pregnant, plan to become pregnant, or are breastfeeding. If you become pregnant while taking Nitrostat®, call your doctor.
6. Tell your healthcare providers if your symptoms last longer, occur more often, or are more severe as this can be a sign of worsening coronary artery disease.

■ How should I store my Nitrostat®?

1. Nitrostat® should store at room temperature between 22 °C to 25 °C (68 °F to 77 °F) and away from excess heat and moisture.
2. Nitrostat® should be kept in the original glass container and must be tightly capped after each use to prevent loss of tablet potency.
3. If proper use and storage instructions are followed, the potency of an unopened Nitrostat® tablets should be maintained until the expiration date on the container.
4. It is recommended to discard the bottle 6 months after it was first open, even there might still have some tablets left.

References:
Package insert

- Contact number : (02) 2737-2181 EXT. 8130
- Last updated by the Department of Pharmacy on 2023.02
- PFS-7200-EN0032

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