## Medication Use Instruction Sheet Instructions and Precautions for Use of Ear Drops

## ■ Instructions for use

- 1. Please clean both hands thoroughly with soap and water.
- 2. Request assistant if possible (to avoid contact of dropper tip with ear wall and being contaminated during self-administration).
- 3. If the ear drop is a suspension, please shake dropper the suspension until homogeneous.
- 4. Lie on your side or tilt your head sideway, have the affected ear facing up.
- 5. To allow medication to flow in, for <u>adult</u> pull the ear <u>upward</u> and backward, for <u>child</u> pull the ear downward and backward. (To straighten ear canal)
- 6. Based on physician's order, drop the medication into the external ear canal, not deep into the ear canal.
- 7. Keep your ear (head) tilted for 2 minutes for the medication to flow in, or gently insert a soft cotton plug into the ear.
- 8. Clean the container opening with clean tissue paper.

## ■ Precautions

- 1. Always try to avoid water to flow into the ear.
- 2. Do not rinse the dropper tube or tip with water. Use clean dry tissue paper to wipe and clean the dropper tube or tip.
- 3. If there is progression or worsening of the disease condition, itchy or burning sensation of the ear canal after medication administration, immediately contact your physician.
- 4. No need to refrigerate medication, unless specially instructed.
- 5. Do not use medication with color change.
- 6. Close container cover tightly.
- 7. Store medication at cool and shady area.
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This sheet does not content complete drug information, if there is any enquiry, please contact your doctor or pharmacist.



