Medication Use Instruction Sheet Instruction For Use of Nasal Spray and Precautions

Brand name and content

Nasonex Nasal Spray : Mometasone furoate Pulmicort Nasal Aqua : Budesonide Nasacort AQ : Triamcinolone (All above are steroid nasal sprays.) Butaro Nasal Spray : Butorphanol Minirin Nasal Spray : Desmopressin acetate

Medication appearance

Nasonex Nasal Spray : White bottle with green cap Pulmicort Nasal Aqua : Brown glass bottle with brown cap Nasacort AQ : White bottle with blue cap Butaro Nasal Spray : Brown glass bottle with white cap Minirin Nasal Spray : Brown glass bottle with white cap

Mechanism of action

Steroid nasal spray is used to treat the symptoms of upper respiratory tract, such as rhinitis.

Butaro nasal spray is used to treat intractable pain.

Minirin nasal spray is used to treat diabetes insipidus.

Instruction of use

- (1) Before first use
- Shake the bottle gently then remove the cap.
- Put your forefinger and middle finger either side of the nozzle and your thumb underneath the bottle.
- Point the nozzle away from you and then press down 3~5 times until a fine mist is produced.

(2) Daily use

- 1. Gently blow your nose to clean the nostrils.
- 2. Shake the bottle then remove cap.
- 3. Use the index finger of the other hand to press on one nostril, then insert the applicator tip into another nostril. Press down the applicator to spray out doses as directed.

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- 4. Breathe out gently through your nose; if second dose is needed, please repeat the above steps after 30 seconds.
- 5.If you are using steroid nasal spray, please change hand, repeat the above step with the other nostril.
- (3) After each use
- Use clean tissue or handkerchief to clean the tip of nasal spray then recap the cap.

Precautions

- Use tissue or handkerchief to clean the tip of nasal spray is enough, rinsing the applicator is not required.
- Unless specially instructed, refrigeration is not necessary.
- DO NOT USE if the drug color changed.

What if I miss the dose?

- Please use immediately when you remember.
- Please skip the dose if the moment is very closed to the next dose.
- DO NOT double the doses if you missed doses.

Possible side effects

- Like all medicines, this medicine can cause side effects; if you feel slightly itchy, no need to worry, it will alleviate.
- However, if symptoms continues to progress or the itchy and fullness sensation in the nostril have not been relieved, seek treatment immediately.

Storage

- Recap the nasal spray after use to protects the nozzle and keeps it clean.
- Store this medication in a cool place, avoid direct sunlight.
- Keep this medicine out of the sight and reach of children.
- Please discard this medicine after the expiry date.
- Do not provide your medication for others to use.

Reference : Micromedex, Drug information

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