

# Medication Use Instruction Sheet

## Instruction for Transdermal Pain Killer Dosage Form

### ■ Before applying a patch

1. Each patch is sealed in its own protective pouch. Do not remove a patch from the pouch until you are ready to use it.
2. Put the patch on the chest, back, flank (sides of the waist), or upper arm in a place where there is no hair.
  - Do not put a patch on skin that is very oily, burned, broken out, cut, irritated, or damaged in any way.
  - Avoid sensitive areas or those that move around a lot. If there is hair, do not shave (shaving irritates the skin). Instead, clip hair as close to the skin as possible.
  - Clean the skin area with clear water only. Pat skin completely dry. Do not use anything on the skin such as soaps, lotions, oils, or alcohol before the patch is applied.

### ■ Applying a patch

1. Each patch has a clear plastic backing that can be peeled off. Touch the sticky side of patch as little as possible.
2. Press the patch onto the chosen skin site with the palm of your hand and hold there for at least 30 seconds. Make sure it sticks well, especially at the edges.
3. Wash your hands when you have finished applying a patch.

### ■ Applying a new patch

1. Remove a patch after wearing it for 3 days (72 hours).
2. Choose a different skin site to apply a patch.

### ■ Precautions

1. You can bathe, swim or shower while you are wearing a patch.
2. Fold the used patch in half so that the sticky side sticks to itself.

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此單張並不包含所有藥物資訊，如有任何疑問，請洽醫師或藥師。

