

Instructions for Use

Ellipta® Dry Powder Inhaler

■ Which inhaler is prescribed for me?

- Relvar®: fluticasone furoate 92 mcg 、vilanterol 22 mcg
- Trelegy®: fluticasone furoate 92 mcg 、umeclidinium 55 mcg 、vilanterol 22 mcg

■ What is Ellipta® inhaler used for?

Relvar® and Trelegy® are used as the regular treatment of chronic obstructive pulmonary disease (COPD) and asthma. Both COPD and asthma are serious, long-term lung diseases that cause shortness of breath, chest tightness, and cough.

■ How to use Ellipta® inhaler?



1. Only open the cover once you are ready to take a dose. If you open and close the cover without inhaling the medicine the dose will be lost.
2. Slide the cover down until you hear a 'click'
3. While holding the inhaler away from your mouth, breathe out as much as you can.
4. Put the mouthpiece between your lips, and close your lips firmly around it. Don't block the air vent with your fingers.
5. Take one long, steady, deep breath in and hold this breath for at least 5 seconds.
6. Remove the inhaler from your mouth and breathe out slowly and gently. You may not be able to taste or feel the medicine, even when you are using the inhaler correctly.
7. Slide the cover upwards as far as it will go to cover the mouthpiece. You may use a dry tissue to clean the mouthpiece before you close the cover.
8. Rinse your mouth with water 2 times to reduce the chance of getting a sore mouth or throat.

This sheet is for your information; please follow your doctor's directions



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■ Precaution

1. Relvar® and Trelegy® should be used every day, and not only when you have breathing problems or other symptoms of COPD and asthma. It should not be used to relieve a sudden attack of breathlessness or wheezing.
2. If the dose counter does not count down as you hear the 'click', the device will not deliver the required dose. If this happens, take your device back to the pharmacy.

■ How should I store my Ellipta® inhaler?

1. Keep the inhaler inside the sealed tray to protect from moisture and only remove immediately before first use. Once the tray is opened, the inhaler can be used for **up to 6 weeks**, starting from the date of opening the tray.
2. Keep your inhaler out of the sight and reach of children.

■ What are the possible side effects?

1. The more common side effect of Relvar® and Trelegy® is sore mouth or throat caused by a fungal infection. Rinsing your mouth with water immediately after using Ellipta® inhaler may help prevent this side effect.
2. Other possible side effects may include inflammation of the lungs, infection of the nose sinuses or throat, cough, and voice (or vocal?) disorders. In rare cases, some people may develop infection of lungs, irregular heartbeat, and anxiety. Contact your healthcare provider about any symptom that bothers you or does not go away.

References:
Package insert 、Micromedex

- Contact number : (02) 2737-2181 EXT. 8130
- Last updated by the Department of Pharmacy on 2023.02
- PFS-7200-EN9032

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