

Medication Use Instruction Sheet

猛健樂®注射劑 (Mounjaro®KwikPen)

■ Active ingredient

Tirzepatide

■ Appearance

Clear, colorless to slightly yellow solution in pre-filled single-dose pens in the following strengths:

- 2.5 mg/0.6 mL (total pen content: 10 mg)
- 5 mg/0.6 mL (total pen content: 20 mg)
- 10 mg/0.6 mL (total pen content: 40 mg)

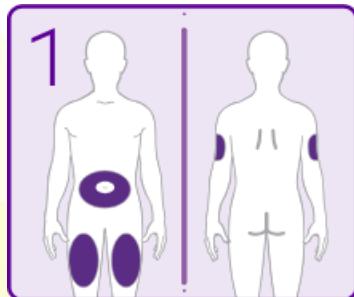


■ Indication

1. Used as an adjunct to diet and exercise to improve blood sugar control in adults with type 2 diabetes mellitus. May be used alone or in combination with other antidiabetic agents.
2. Used with reduced-calorie diet and increased physical activity for chronic weight management in adults with $\text{BMI} \geq 30 \text{ kg/m}^2$ (obese), or $\text{BMI} \geq 27 \text{ kg/m}^2$ and $< 30 \text{ kg/m}^2$ (overweight) in the presence of at least one weight-related comorbidity (e.g., hypertension, dyslipidemia, prediabetes or type 2 diabetes mellitus, obstructive sleep apnea, or cardiovascular disease).

■ How to Use

- Once weekly, at any time of day, with or without food.
- Subcutaneous injection in the abdomen, thigh, or upper arm. Use a different site each week to reduce skin reactions.
- If used with insulin: You may inject in the same body area, but keep injections at least 2.5 cm (1 inch) apart.



Supplies needed to give your injection:

- Mounjaro KwikPen
- KwikPen compatible needle
- Alcohol swab
- Sharps disposal container

This sheet does not contain complete drug information, if there is any enquiry, please contact your doctor or pharmacist.



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■ Step-by-step Instructions

1. Preparation

1. Wash your hands with soap and water.
2. Remove the pen cap straight off. Make sure the medication is clear and free of particles.
3. Clean the red seal with an alcohol swab.
4. Use a new needle for each injection.

2. Attach the needle

1. Remove the paper tab from the needle.
2. Push the needle straight onto the pen and twist to secure.
3. Remove the outer needle cap (keep it) and then remove and discard the inner cap.

3. Prime the pen

1. Turn the dose knob until you hear 2 clicks and see the extended line.
2. Hold the pen with the needle pointing upward and gently tap to move air bubbles to the top.
3. Press the dose knob until “0” appears in the window, and hold for 5 seconds.

4. Set your dose: Turn the dose knob until it stops and “1” appears in the window (this equals the full 0.6 mL dose).

5. Inject the dose

1. Select and clean your injection site.
2. Insert the needle into your skin at a 90° angle.
3. Press the dose knob fully until it stops, hold for 5 seconds, and ensure “0” is shown in the window.
4. Remove the needle from your skin. A small drop on the tip is normal.

6. After injection

1. Carefully replace the outer needle cap.
2. Put the outer needle cap back on carefully.
3. Unscrew the needle and dispose of it in a sharps container.
4. Store the used pen at room temperature (up to 30 °C / 86 °F) until the next dose.1

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■ Missed Dose

- If less than 4 days (96 hours) have passed: inject as soon as possible, then resume your usual schedule.
- If more than 4 days have passed: skip the missed dose and take the next one on your regular day.
- You may change your weekly injection day if needed, as long as there are at least 3 days (72 hours) between doses.

■ Precautions

- Do NOT use Mounjaro if you or a family member has a history of medullary thyroid carcinoma (MTC).
- Do NOT use Mounjaro if you are pregnant or breastfeeding.

■ Possible side effects

- Gastrointestinal: nausea, diarrhea, decreased appetite, vomiting.
Tips: avoid fried/fatty foods, stay hydrated and eat smaller meals more frequently.
- Low blood sugar (hypoglycemia): especially if taken with insulin or sulfonylureas.
- Vision changes: report to your healthcare provider immediately.

■ Storage

- Store unopened pens in a refrigerator (2–8 °C / 36–46 °F). Do not freeze.
- Store in-use pens at room temperature (up to 30 °C / 86 °F), away from direct heat and sunlight.
- Keep your pen and needles out of sight and reach of children.

Reference : Micromedex, Drug information

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