

Medication Use Instruction Sheet

艾敏釋®鼻用噴液懸浮劑 (Avamys® Nasal Spray)

■ Name of medication content

Fluticasone furoate

■ Indication

Avamys nasal spray is used in adults, adolescents and children 2 years of age and older, to treat the symptoms of allergic rhinitis including runny or itchy nose, sneezing, itchy or red eyes.

■ Instruction of use

(1) Before first use

- Shake the bottle gently then remove the cap.
- Hold the device with the nozzle pointing up and away from you.
- Firmly press the button on the side to release a spray through the nozzle.
- Point the nozzle away from you and then press down 6 times until a fine mist is produced.



(2) Daily use

- Gently blow your nose to clean the nostrils.
- Shake the bottle then remove cap.
- Tilt your head forward a little bit.
- Place the nozzle toward the side of your nose, away from the center of your nose.
- Firmly press the button once to spray the medicine into your nose while you are breathing in through your nose.
- Take the nozzle out of your nose. Breathe out through your mouth.
- Repeat the above steps in the other nostril.



(3) After each use

- Use clean, dry tissue to clean the nozzle then put the cap back on the device.

This sheet is for your information; please follow your doctor's directions



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■ Precautions

- This bottle contains 120 sprays. AVAMYS comes in a brown glass bottle inside a plastic casing. To check how much is left hold the nasal spray upright against a bright light; you will be able to see the liquid level if it is low.
- Talk about any health conditions or problems you may have, including if you are pregnant or breastfeeding.

■ Possible side effects

- Nose bleeds (generally minor), particularly if you use for more than 6 weeks continuously.
- Nasal ulceration – which may cause irritation or discomfort in the nose.
- Headache.
- If you experience persistent nosebleeds or nasal discomfort, consult your physician.

■ Storage

- Store AVAMYS between 4 °C and 30 °C. Keep the device in an upright position with the cap in place.
- Do not refrigerate or freeze.
- Keep out of reach and sight of children.

Reference : Micromedex® Drug information

- Consultation Number : (02)2737-2181 EXT 8130
- Publisher /Date : Pharmacy /2025.07
- PFS-7200-9056_EN



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