

# Medication Use Instruction Sheet

## 週纖達®諾特筆

### (Wegovy® 1.7mg/dose , 6.8mg/3mL/pen)

#### ■ Medication content

Semaglutide



#### ■ Appearance

Clear, colorless solution in a pre-filled, single-dose pen

1.7 mg/0.75 mL (total content: 6.8 mg)

#### ■ Indication

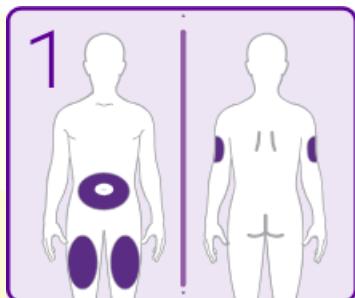
For weight loss and weight maintenance

#### ■ How to Use

- Inject once weekly, at any time of day, with or without food.
- The recommended maintenance dose is 2.4 mg once weekly.
- Your treatment will start at a lower dose, and then gradually increase over 16 weeks according to the dose-escalation schedule:

Dose escalation	Weekly dose
Week 1–4	0.25 mg
Week 5–8	0.5 mg
Week 9–12	1 mg
Week 13–16	1.7 mg
From week 17	2.4 mg

- Subcutaneous injection into the abdomen, thigh, or upper arm.
- Rotate injection sites weekly to reduce skin irritation.
- If used with insulin: You may inject in the same body area, but keep sites at least 2.5 cm (1 inch) apart.



Supplies needed to give your injection:

- Wegovy FlexTouch Pen
- Compatible needle
- Alcohol swab
- Sharps disposal container

This sheet does not contain complete drug information, if there is any enquiry, please contact your doctor or pharmacist.



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## ■ Step-by-step Instructions

### 1. Preparation

1. Wash your hands with soap and water.
2. Remove the pen cap straight off. Make sure the medication is clear and particle-free.
3. Clean the rubber seal and the injection site with an alcohol swab.
4. Use a new needle for every injection.

### 2. Attach the needle

1. Remove the paper tab from the needle.
2. Push the needle straight onto the pen and twist until tight.
3. Remove the outer needle cap (keep it) and then discard the inner cap.

### 3. Prime the pen (first injection with each new pen)

1. Turn the dose knob until you hear 2 clicks and see the extended line.
2. Hold the pen with the needle pointing upward and gently tap to move air bubbles to the top.
3. Press the dose knob until “0” appears in the window. Hold for 5 seconds.

### 4. Set your dose: Turn the dose knob until it stops at your prescribed dose in the window.

### 5. Inject the dose

1. Insert the needle into your skin at a 90° angle.
2. Press the dose knob fully until it stops, hold for 6 seconds, and ensure “0” is shown in the window.
3. Remove the needle from your skin. A small drop on the tip is normal.

### 6. After injection

1. Carefully replace the outer needle cap.
2. Always dispose of the needle immediately in a sharps container after each injection to prevent clogging, contamination, infection or inaccurate dosing.
3. Store the used pen at room temperature (up to 30°C / 86°F) until the next dose.

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## ■ Missed Dose

If you forgot to inject a dose and:

- It is 5 days or less since you should have used wegovy, inject as soon as you remember. Then continue with your regular schedule.
- It is more than 5 days since you should have used wegovy, skip the missed dose. Take your next dose on the scheduled day.

## ■ Precautions

- Do NOT use Wegovy if you or a family member has a history of medullary thyroid carcinoma (MTC).
- Do NOT use Wegovy if you are pregnant or breastfeeding.

## ■ Possible side effects

- Gastrointestinal (most common) : nausea, diarrhea, decreased appetite, vomiting.  
Tips: avoid fried/fatty foods, drink adequate fluids, and eat small meals more frequently.
- Low blood sugar (hypoglycemia): especially if taken with insulin or sulfonylureas.

## ■ Storage

- Store unopened pens in a refrigerator (2–8 °C / 36–46 °F). Do not freeze.
- Keep the pen for 6 weeks when stored at a temperature below 30 °C.
- Keep the pen cap on in order to protect from light.

Reference : Micromedex, Drug information

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